

# POINTE ALEXIS HOMEOWNERS ASSOCIATION

## FITNESS ROOM Rules & Regulations

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The Pointe Alexis community fitness room and its equipment are privileges made available to residents in good standing and their guests. Users shall abide by the following guidelines:

- No trainer on duty; Use at your own risk.
- All users shall follow and adhere to all posted safety regulations including equipment operational instructions.
- Proper attire including athletic shoes must be worn at all times while using equipment.
- Children / Youths:
  - Less than 13 years of age are not permitted to use any equipment without adult supervision present at all times.
  - Between 13-17 years of age require written consent of a parent or legal guardian. A signed "Hold Harmless Agreement" must be submitted to a Board member for approval prior to usage of the fitness room. Forms are available at the fitness room, on the Pointe Alexis web site ([pointealexis.org](http://pointealexis.org)), through the management company or from a Board member.
- No food, plates, glass containers, and beverages other than plastic sports drinks and bottled water.
- Wipe all equipment used with an antibacterial disposable wipe.
- Any owner or resident not in good standing shall have their privilege suspended.
- No equipment shall be relocated, moved, removed or added without the permission of the Fitness Equipment Coordinator.
- Immediately report damaged equipment to the Pointe Alexis maintenance staff, or Fitness Equipment Coordinator, or any Board member. Please place a highly visible sign on the equipment to alert other users.
- If you are the last or only user in the room, turn off all lights, TV, fans and equipment when finished. Lock door when leaving.

I have read these rules, and shall abide by them each time I use the fitness room.

Resident / Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Youth name: \_\_\_\_\_ Age: \_\_\_\_\_ Youth Signature: \_\_\_\_\_

# HOLD HARMLESS & INDEMNIFICATION AGREEMENT

In consideration of the agreement by Pointe Alexis Homeowners Association, Inc. (the **Association**) with \_\_\_\_\_, herein referred to as "**Owner**", residing at \_\_\_\_\_, in Pointe Alexis, regarding the use of the Association's fitness room and equipment by Owner's children, Owner hereby agrees to defend, indemnify and hold harmless the Association from any claims or losses of any nature, which may arise out of the use of the fitness facilities and equipment at Pointe Alexis by the following minor children of Owner

(name) \_\_\_\_\_ age \_\_\_\_\_  
(name) \_\_\_\_\_ age \_\_\_\_\_  
(name) \_\_\_\_\_ age \_\_\_\_\_

including attorney's fees incurred by the Association in connection with any claims or losses subject to this Agreement, or in connection with the enforcement of this Agreement, unless such claims or losses result from the affirmative negligence or wrongful acts of the Association. Owner understands and agrees that the Owner is to provide any training or supervision. Owner further agrees that the Association is not required in any way to provide supervision, and that the children of Owner are using the facilities at their own risk. Owner further agrees that such children will comply with all rules and regulations regarding the use of the facilities at the fitness center and that their privileges to use the facilities may be withdrawn if there are repeated or serious violations.

Finally, Owner acknowledges that the manufacturers of certain equipment in the fitness center have recommended that children not be permitted to use such equipment without adult supervision, and accepts responsibility despite such warnings.

This Agreement has been entered on the dates indicated below.

## WITNESSED BY:

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Owner Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Witness Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Printed Name

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Printed Name

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Association Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Witness Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Printed Name

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Printed Name